



## Breakfast Menu

Parson's Full English - £8.95\*

Swannington sausage, bacon, black pudding, free range egg (fried, poached or scrambled – you choose), mushroom, vine tomatoes, hash brown, baked beans and your choice of white or granary toast

Vegetarian Full English - £7.95\* (V)

Vegetarian sausages, free range egg (fried, poached or scrambled – you choose), mushroom, vine tomatoes, hash brown, baked beans and your choice of white or granary toast

Smoked Salmon and Scrambled Free Range Egg on a toasted muffin - £7.25\*

Eggs Florentine - £6.25\* (V)

Poached eggs served with wilted spinach and hollandaise sauce on a toasted muffin

Eggs Benedict - £6.25\*

Poached eggs served with Swannington ham and hollandaise sauce on a toasted muffin

Swannington Bacon, Baked Beans and Black Pudding on toast - £5.95\*

Thick-Cut White or Granary Toast, accompanied by a selection of Julie's homemade jams £2.95 (V)

The Parson's Fruity Fayre - £5.95 (V) (G/F)

Fruit juice (orange, apple or cranberry) with fresh fruit salad of pineapple, melon and grapes with seasonal berries served with natural yogurt

Cereal and Semi-Skimmed Milk - £3.25

(choose from cornflakes, bran flakes, weetabix, museli or cheerios)

Traditional Scotch Porridge - £3.25

Filled Ciabatta Style Rolls (available to eat-in or take-away)

Bacon	£2.75	Sausage	£2.95	Egg	£2.50 (V)
Two items	£3.95	All three	£4.95		



\*-price includes your choice of tea or coffee  
Gluten Free toast or bread available on request  
(V) Vegetarian (G/F) Gluten Free

The Parson Woodforde  
FREEHOUSE RESTAURANT



### *To Drink:*

#### *Teas: £1.75 each*

Classic Tea  
Traditional Breakfast  
Fruit  
Earl Grey  
Peppermint Tea  
Green Tea  
Camomile Tea  
Decaf tea

#### *Coffees and Hot Chocolate: £2.25 each*

Cafe Creme  
Latte  
Cappucino  
Espresso  
Decaf Coffee  
Hot Chocolate

#### *Fruit Juice: £1.75*

Orange  
Apple  
Cranberry  
Grapefruit

### *Where has my breakfast come from?*

We pride ourselves on our use of local suppliers and ingredients

Swannington Farm to Fork  
Kelly's Bakery  
Country Fresh  
Julie's Jams  
Coles Fish Supplies  
Anglia Culinary Supplies



*The Parson Woodforde*  
FREEHOUSE & RESTAURANT